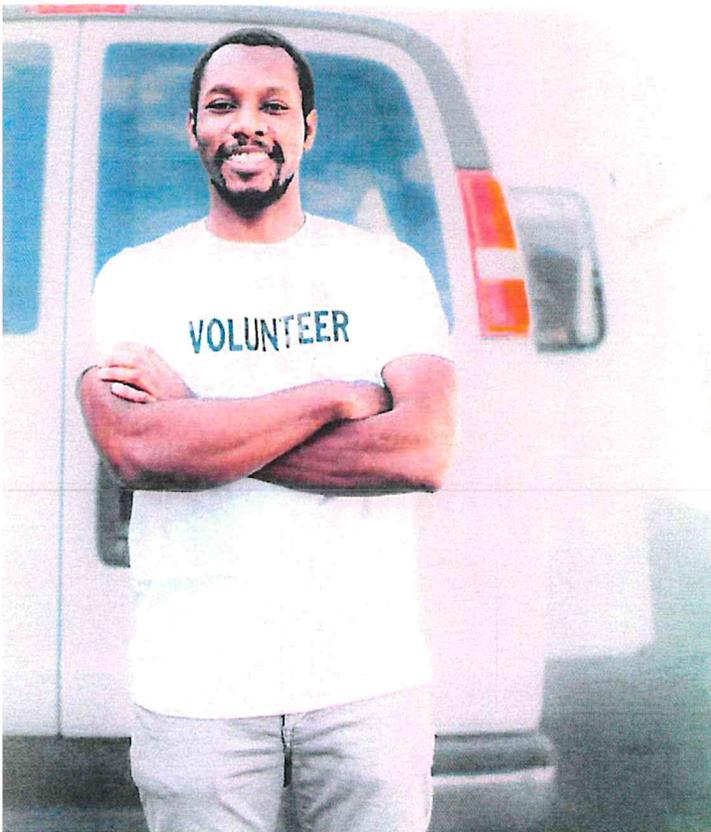


# Meals on Wheels Volunteers Wanted!

Join the CNNSSA to help bring smiles to the homebound older adults in your community.

Call (224) 500 - 2365 or email [volunteer@cnnssa.org](mailto:volunteer@cnnssa.org) to volunteer today!



## Opportunities Available

- Meal Delivery Driver
- Community Café help
- Friendship line caller
- Greeting card creator
- Bingo callers
- And more!!!

For more information about CNNSSA and its services, visit [www.cnnssa.org](http://www.cnnssa.org).

Community Nutrition Network  
and Senior Services Association



AGEOPTIONS



Meals on Wheels Foundation  
of Northern Illinois

Funds, in whole or in part, for this publication were provided through AgeOptions of Northeastern Illinois under Title III or the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging.

CNNSSA does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint, dial 1-800-252-8966 (Voice and TDD), or contact the Director of Personnel (312) 207-5290.